

LUNCH BROOKSIDE

BROOKSIDE SHOPS & BOUTIQUES
 6307 Brookside Plaza
 Kansas City, Missouri 64113
 816 333 4048
 816 333 4303 Facsimile
 CarmensCafeKC.com

Monday to Thursday 11am to 10pm
 Friday 11am to 11pm
 Saturday 11am to 11pm
 Sunday 5pm to 9pm



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 We accept major credit cards. No checks accepted.

TAPAS

Fruttie di Maré ♦ PER PERSON 9
 SERVING FOR TWO OR MORE ONLY
 Sautéed shrimp, scallops, mussels, clams and squid in a lightly spiced white wine, lemon and butter saffron sauce

Pesce ala Loren ♦ PER PERSON 9
 SERVING FOR TWO OR MORE ONLY
 Sautéed shrimp, scallops, mussels, clams and squid in a white wine and light spicy red sauce

Calamares ala Putanesca 8
 Sautéed calamari with anchovies, olives, red onions, and capers in a tomato sauce

Calamares ala Romana 8
 Fried calamari sautéed with olive oil, garlic and parsley

Gambas ala Plancha ♦ 9
 Charbroiled shrimp wrapped with bacon and topped with diablo sauce

Gambas al Mojo de Ajo ♦ 9
 Sautéed shrimp in a white wine, lemon and butter sauce

Gambas ala Ajillo ♦ 9
 Shrimp sautéed in olive oil and mushrooms in a light garlic tomato basil sauce

Crab Cakes ♦ 13
 Two Alaskan crab cakes served over a red roasted bell pepper cream sauce

Sea Scallops ♦ 13
 Sautéed jumbo scallops with a Spanish saffron cream sauce

Mussels al Diablo ♦ 8
 Steamed green lipped mussels with a diablo sauce

Shrimp Cocktail ♦ 12
 Five jumbo shrimp with cocktail sauce

Don's Artichoke 13
 Artichoke stuffed with shrimp, crab meat, diced prosciutto ham, melted provol cheese and Italian bread crumbs

Stuffed Artichoke 8.5
 Artichoke stuffed with Italian bread crumbs served with a garlic and butter sauce
WITH SHRIMP AND CRAB MEAT 11

Chorizo Bilboa 7
 Slices of Spanish sausage sautéed with mushrooms, garlic and butter

Eggplant 7
 Lightly breaded, deep-fried and baked thin sliced eggplant with red sauce and provol cheese

Mushrooms 6
 Mushrooms sautéed in white wine with an olive oil and garlic sauce

Pesto Ravioli 8
 Three jumbo raviolis stuffed with pesto and topped with Gorgonzola cream sauce

Toasted Ravioli 6
 Raviolis stuffed with your choice of cheese, meat or combination

Meatballs 5
 Homemade Italian meatballs

Fried Mozzarella Sticks 5
 Served with red sauce

Garlic Cheese Bread 3

Italian Butter 3.5
 Olive oil, fresh basil, garlic & fresh herbs

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 **Let our Catering Service**
 bring Carmen's to your next special occasion!

INSALATA

Add to any salad Chicken Breast for 5.5 or Filet of Salmon 7

House Salad 5
 Artichoke hearts, red onions, pimientos and Parmesan with a mix of iceberg lettuce and romaine

Caesar Salad 6
 Romaine, garlic and Parmesan

Wedge Salad 7.5
 Wedge of iceberg lettuce topped with bacon, blue cheese crumbles and chopped tomatoes. Served with housemade ranch dressing

Greek Salad 7.5
 Feta cheese, Kalamata olives, pepperoncini, and onion with spring mix and romaine. Served with Greek dressing

Spinach Salad 7.5
 Spinach leaves tossed with bacon, bleu cheese crumbles, lightly fried onions, lightly roasted cherry tomatoes and raspberry vinaigrette

Steak Salad 13
 5 ounce filet mignon, grilled portobello mushrooms and roasted cherry tomatoes with spring mix. Topped with feta cheese, fried onions and housemade balsamic vinaigrette

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 **Our Brookside Event Room**
 is the perfect gathering place for your celebrations!

SANDWICHES

Served with French Fries or Mostaccioli & Red Sauce

Eggplant and Veggie 7
Meatball 7

Sausage 7
Chicken Parmesan 7

ENTRÉES

POLLO

Served with House Salad and Mostaccioli & Red Sauce or mixed vegetables.
Substitute Caesar Salad for 2.5 Split entrée 5

Chicken Spiedini Julian	12	Chicken Lemonatta	10.5
Marinated, breaded, rolled and charbroiled chicken breast served over fettuccine with Alfredo sauce and artichoke hearts		Charbroiled chicken breast topped with mushrooms, capers and white wine, lemon and butter sauce	
Chicken Spiedini Alexa	11	Chicken Saltimbocca	10.5
Marinated, breaded, rolled and charbroiled chicken breast served with spicy diablo sauce		Charbroiled chicken breast topped with prosciutto ham and melted provol cheese in a special wine sauce	
 Chicken Spiedini Carmela	11	Chicken Parmigiano	10.5
Marinated, breaded, rolled and charbroiled chicken breast served with amogio sauce		Breaded and baked chicken breast topped with provol and parmesan cheese	
Chicken Juliette	11.5		
Charbroiled chicken breast topped with Alfredo sauce and fresh spinach			

Ask about the Carmen's Gift Card!

PESCE

Served with House Salad. Substitute Caesar Salad for 2.5 Split entrée 5

Shrimp Scampi ♦	13	Salmon ♦	13
Lightly breaded and charbroiled shrimp served over linguine with a white wine, lemon and garlic butter sauce		Charbroiled salmon topped with champagne cream sauce and served with mixed vegetables	
 Tilapia ala Marisa ♦	13		
Pan seared tilapia topped with mushrooms, black olives, capers and a lemon and butter sauce			



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Ask for our carryout menu!
Call 816 333 4048 and we'll have your order waiting.

PASTA

Served with House Salad. Substitute Caesar Salad for 2.5 Split entrée add 5

Capellini de Angel	10	Rigatoni ala Carmen	11
Angel hair pasta served with crushed tomatoes, olive oil, garlic, basil and fresh herbs		Rigatoni served with sautéed tenderloin tips, green peppers, mushrooms and tomatoes with a touch of Marsala white wine sauce	
WITH CHICKEN	13		
Tortellini Andres	10	Monica's Rigatoni	9
Donut-shaped pasta stuffed with prosciutto ham and chicken with an alfredo sauce with mushrooms and peas		Rigatoni served with sautéed red onions, garlic, fresh mushrooms and fresh tomato sauce	
Eggplant Parmesan	9	Mostaccioli Gabriel	10
Lightly breaded, deep-fried and baked thin sliced eggplant topped with provol cheese and red sauce		Mostaccioli served with sautéed prosciutto ham, red onions, fresh basil, capers and a cream tomato sauce	
Fettuccine Alfredo	10	Mostaccioli con Broccoli	10
Fettuccine with cream, butter and parmesan cheese sauce		Mostaccioli with broccoli and mushrooms in a tomato cream parmesan sauce	
WITH CHICKEN	13		
Linguine White Clams ♦	10	Baked Mannacotti	9
Linguine served with a white clam sauce		Mannacotti stuffed with Ricotta cheese and topped with tomato cream sauce	
Linguine Valerie	11.5	Baked Cannelloni	9
Linguine served with mixed vegetables, olive oil, garlic and basil		Cannelloni stuffed with veal, turkey and beef topped with a tomato cream sauce	
Linguine Primavera	9	Lasagna	9
Linguine served with mixed vegetables in a light white cream sauce		Homemade with Italian meatballs, Italian sausage and ricotta cheese	
Gnocchi	11	Ravioli	8.5
Gnocchi served with vodka tomato cream sauce, mushrooms and peas		Your choice of meat, cheese or combination served in Italian red sauce	
 Judy's Rigatoni	10	Spaghetti with Red Sauce	7.5
Rigatoni served with prosciutto ham, mushrooms and peas in a vodka tomato cream sauce		PER MEATBALL OR ITALIAN SAUSAGE	1.5

DOLCI

Cheesecake	Spumoni Ice Cream	Cannoli
Chocolate Cheesecake	Pistachio Cream Tort	Tiramisú
White Chocolate Strawberry Cheesecake		

 **The artichoke leaf notes our customer favorites.**

♦ Consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.